



## VALIDATION OF HPTLC METHOD FOR QUANTITATIVE ESTIMATION OF L-DOPA FROM *MUCUNA PRURIENS*

Uma Sundaram and P. Gurumoorthi\*

Nutraceutical Chemistry Lab, Department of Food Process Engineering, School of Bioengineering, SRM University, Kattankulathur-603203, Tamil Nadu, India

Article Received on: 18/01/12 Revised on: 29/03/12 Approved for publication: 11/04/12

\*Email: p\_gurumoorthi@yahoo.com

**ABSTRACT**

In the present study, high performance thin-layer chromatographic method was developed and validated for the quantification of L-Dopa from *Mucuna pruriens* (Black-coloured seeds). TLC aluminium plates precoated with silica gel were used as the stationary phase in a twin see through glass chamber saturated with n-butanol: glacial acetic acid :water 4:1:1 (v/v), as the mobile phase, performed at room temperature ( $25 \pm 2^\circ\text{C}$ ). The R<sub>f</sub> value of L-Dopa was found to be 0.39. Linearity was found to be in the concentration range 100–1200 ng/spot. The linear regression analysis of calibration plots showed good linear relationship between peak area and peak height ( $r^2 = 0.996$ ). The method was validated for precision, recovery, robustness, specificity, detection and quantification limits. The limits of detection and quantification were 0.010 and 3.14 ng/ spot, respectively. The recovery was 100.5 %. Statistical analysis of data proves that the method is reproducible for the analysis of L-Dopa.

**Keywords:** FTIR, HPTLC, L-Dopa, *Mucuna pruriens*, Germplasm, ICH guidelines.

**INTRODUCTION**

Now-a-days the search for drugs from natural sources have gaining significant contribution in clinical, pharmacological research, because of vast majority of plant system have found to contain diverse array of phytochemical isoforms that they possess. India has very long, safe and continuous usage of many herbal drugs in the traditional medicinal systems viz., Ayurveda, Yoga, Unani, Siddha, Homeopathy and Naturopathy<sup>1</sup>. Since ancient times a number of Indian traditional plants have been used globally. There are many references to Indian medicinal plants and in trade a number of historical documents. Indian medicinal plants provide rich source of phytochemical compounds that are all showing health protective effects at various levels.

*Mucuna pruriens* Linn, commonly known as “cowhage” or “velvet bean” or “Athmaguptha” in India, and climbing legume endemic in India and other parts of the tropics including America’s and South Africa. The different parts of the plant such as seeds, leaves and roots have been used for the treatment of various diseases. The seed of velvet bean is an important natural source of L-Dopa which has been to have reported anti Parkinson’s, aphrodisiac, antidiabetic, antitumor and neuroprotective activities<sup>2, 3, 4, 5</sup>. Under the species *Mucuna pruriens* two varieties are existing i.e., *Mucuna pruriens* var *pruriens* (itching bean) and *Mucuna pruriens* var *utilis* (velvet bean)<sup>6,7</sup>. The seeds of *Mucuna pruriens* var *pruriens*, collected from the pods covered with itching trichomes are documented to contain high levels of L-Dopa than the other varieties<sup>8</sup>. Further more, it has also been documented that the concentration of L-Dopa varying with different agro climatic regions, generations and across the equatorial plane.

Though there is dearth information available on the variability and methods to determine L-Dopa, viz titrimetric method<sup>9</sup>, UV assay<sup>10</sup>, HPLC methods of determination<sup>11</sup>, reversed phase high performance liquid chromatography<sup>12, 13</sup> are time consuming and laborious. However, the information on comparative evaluation of L-Dopa content in different germplasm collected at various agro ecological regions has not been documented. In this connection, the present paper

not only describes a simple, specific, accurate, precise HPTLC determination in seeds extracts but also compares with standard and in formulation(s).

**MATERIALS AND METHODS**

Standard L-Dopa was purchased from Sigma. All chemicals and reagents used were of analytical grade and were purchased from Merck Chemicals, India.

**Collection of Seeds**

Black-coloured seed germplasm of velvet bean were collected from Valanadu District, Kerala and Trinelveli District, Tamil Nadu bordering Western Ghats, India. The collected seeds were thrashed to remove any foreign material and they were washed with tap water followed by rinsing with distilled water. The shade dried seeds samples were powdered in Willey Mill at 60mesh size. The powdered samples of velvet bean stored in air tight containers at refrigerated condition until further usage.

**Extraction of L-Dopa from The Seeds**

Powdered samples of both the germplasm velvet bean were initially defatted with different solvents such as chloroform, petroleum ether, methanol and water by cold percolation method. After three days the extract was filtered using Whatmann No. 1 filter. Then they were concentrated in vacuum evaporator and freeze-dried at  $-20^\circ\text{C}$  and stored at the same until usage. The standard was re-crystallized to get off-white colored pure L- Dopa. The extracted L-Dopa was characterized by HPTLC and FTIR.

**HPTLC Techniques for Extracted Samples**

The samples were spotted in the form of bands with a Camag microlitre syringe on a pre-coated silica gel plates 60 F254 (10cm x10cm with 0.2 mm thickness, E. Merck, Darmstadt, Germany) using a Camag Linomat V Automatic Sample Spotter (Muttentz, Switzerland). The plates were pre-washed by methanol and activated at  $60^\circ\text{C}$  for 5 min prior to chromatography. The plate was developed in a solvent system (6.0 ml) of n-butanol–acetic acid–water (4.0 : 1.0 : 1.0) in a CAMAG glass twin-through chamber (10±10 cm) previously saturated with the solvent for 30 min (temperature  $25 \pm 2^\circ\text{C}$ , relative humidity 40%). The development distance was 8 cm. Subsequent to the scanning, TLC plates were air

dried and scanning was performed on a Camag TLC scanner III in absorbance mode at 280 nm and operated by Win Cats software 4.03 version.

#### Calibration Curve of Standard L-Dopa

A stock solution of L-dopa (1mg/ml) was prepared by dissolving an accurately weighed 10 mg of L-dopa standard in 5 ml of anhydrous formic acid and volume was made up to 10 ml with methanol in a volumetric flask. Standard working solutions were prepared by diluting stock solution with methanol in the concentration range 10–120µg/ml. Standard solution (10µl) was spotted on the TLC plate to obtain final concentration range of 100–1200 ng/spot. Each concentration was spotted six times on the TLC plate.

#### Method validation

##### Precision

Repeatability of the sample application and measurement of peak area were carried out by spotting six replicates of the same spot (600ng/spot of L-dopa) and was expressed in terms of percent relative standard deviation (%RSD). The intra- and inter- day variation for the determination of L-dopa was carried out at five different concentration levels of 200,400,600,800 and 1000ng/spot.

##### Robustness

Robustness of the method was checked by introducing small changes in mobile phase composition, mobile phase volume, duration of mobile phase saturation and activation of prewashed TLC plates with methanol and the effects on result were examined. Robustness was done in triplicate at a concentration level of 600ng/spot and the %R.S.D of peak areas was calculated.

#### Limit of Detection and Limit of Quantification

In order to estimate the limit of detection (LOD) and limit of quantification (LOQ), the signal to noise ratio was determined. LOD was considered as 3:1 and LOQ as 10:1.

#### Recovery Studies

The pre-analyzed samples were spiked with 20, 40, 60, 80 and 100% of the standard L-dopa and the mixtures were reanalyzed by proposed method. The method was repeated for six times. This was done for check of recovery of L-dopa at different levels in the formulation.

#### Ruggedness

A solution of concentration 1000 ng/spot was prepared and analyzed on day 0 and after 6, 12, 24, 48 and 72 h. Data were treated for %R.S.D to assess ruggedness of the method.

#### Specificity

The specificity of the method was ascertained by analyzing the standard drug and seed extract. The seed extract of L-dopa was confirmed by comparing R<sub>f</sub> values and spectra of the standard. The peak purity of L-dopa was assessed by comparing the spectra at three different levels like peak start (S), peak apex (M) and peak end (E) positions of the spot.

#### FTIR of L-Dopa Extracted From Seeds

To determine the concentration of L-Dopa content in seed extracts, the extract isolates were characterized by FTIR.

## RESULT AND DISCUSSION

HPTLC method was developed and validated for the determination of L-Dopa in *Mucuna pruriens*. The mobile phase composition was n-butanol: glacial acetic acid: water (4:1:1) and it showed a well defined peak of R<sub>f</sub> value 0.39 (Fig: 1&1a). This has been validated using the reports<sup>14</sup> and in comparison to the reported method, our method requires simple solvent systems to separate the L- Dopa from the extract (Table-1).

#### Calibration Curve

Linearity was estimated using standard 10 - 120µg/ml of L-Dopa (Fig: 2). Calibration equation and correlation coefficient was analyzed using least square linear regression analysis of peak area. Correlation coefficient was found to be (r<sup>2</sup>) 0.996 in the concentration range of 100 – 1200ng/spot with respect to the peak area (Fig: 2a)

#### Method Validation

HPTLC method was validated on the basis of precision, robustness, LOD and LOQ, recovery studies, ruggedness and specificity.

##### Precision

The relative standard deviations for repeatability of sample application and repeatability of measurement of peak area were found to be 0.093 and 0.016 respectively. The measurement of the peak area at five different concentrations levels of 200, 400, 600, 800 and 1000ng/spot. The precision measurement of peak area (intra and inter day precision) and instrumental variations for different concentration levels were found to be < 1% of %RSD which indicates the excellence of the method precision of (Table -2).

##### Robustness

The robustness was performed by introducing small deliberate changes in the mobile phase concentration (±2) the corresponding RSD values were obtained and it was indicated that the method was robust.

#### LOD and LOQ

The LOD was found to be 0.01 ng/spot and LOQ was found to be 3.14 ng / spot.

#### Specificity

Comparing the spectra at peak start, peak apex and peak end position of the spot assessed the peak purity of L- Dopa. Good correlation (r<sup>2</sup>=0.996) was obtained between standard and sample spectra of L – Dopa(Table-4)..

#### Accuracy (% Recovery)

The sample was spiked with a known amount of standard and the percent ratio between the required and expected concentrations were calculated to be, 20, 40, 60, 80 and 100% (Table-3). The accuracy and reproducibility for the quantification of L –Dopa from seed extract after spiking was found to be in a range of 99.7 – 100.5 %.

## CONCLUSION

The R<sub>f</sub> values of L – Dopa obtained here can be used in the estimation of the compound. Thus we conclude that HPTLC technique is an accurate, specific, precise and robust method for the determination and quantification of L – Dopa in the seed extract. Statistical analysis of data proves that the method is reproducible for the analysis of L-Dopa.

## ACKNOWLEDGEMENT

We would like to express our gratitude to Mr. Manikandan, Department of Pharmaceutical Chemistry, SRM University for this valuable help in his experiment design. We also express our thanks to Prof. Dr. C. Muthamizchelvan, Director (E&T) SRM University for his continued support and encouragement

## REFERENCES

1. Vaidya AD, Devasagayam TP. Current status of Herbal Drugs in India: An Overview. J Clin Biochem Nutr 2007; 47-1.
2. Vaidya AB, Rajgopalan T G, Mankodi NA, Antarkar DS, Tathed PS, Purohit AV, Wadia NH. Treatment of Parkinson's disease with the cowhage plant-*Mucuna pruriens* Bak. Neurol India 1978; 26: 171
3. Manyam BV, Dhansekaran M, Hare TA. Neuroprotective effects of antiparkinsonian drug *Mucuna pruriens*. Phytother Res 2004; 18: 706.
4. Rajeshwar Y, Gupta M, Mazumder UK. *In vitro* lipid peroxidation and antimicrobial activity of *Mucuna pruriens* seeds. Iran J of Pharmacol and Therapeuti 2005. 4: 32

- Poornachandra M N, Khanum S, Shivanada B G, Shivanada T N, Dris R. *Mucuna pruriens* (L) DC - A novel drug for learning and memory retrieval. J Food Agr Env 2005; 3: 13
- Wilmot-Dear CM. A revision of *Mucuna* (Leguminosae-Phaseoleae) in China and Japan. Kew Bulletin 1984; 39:23-65
- Capo – chichi L J A, Weaver D B and Mortor CM. AFLP assessment of genetic variability among velvet bean (*Mucuna sp.*) accessions. Theoretical and Applied Genetics 2001; 103(8):1180 – 1199.
- Krishnamurthy R, Chandorkar M S, Palsuledesai M R, Kalzunkar B G, Pathak J M , Rajendra G. Standardization of cultivation and harvesting stage of velvet bean (*Mucuna pruriens* var. *utilis*) for optimum yield and quality. Indian J of Agri Sci 2003; 73: 585-589.
- British Pharmacopoeia, Vol I and II, HMSO Publication Center, London, 1980; p.254, 535, 781
- The United State Pharmacopoeia XXI, 21st Revision, The US Pharmaceutical Convention Inc. Rockville, 1987; p.585.
- Parikh KM, Doshi VJ, Sawant SV, Salunkh, UB. Estimation of L-dopa from the plant *Mucuna pruriens* and its formulations. Indian Drugs 1990; 27(6), 353–356.
- Siddhuraju P, Becker K. Rapid reversed-phase high performance liquid chromatographic method for the quantification of L-Dopa (L-3, 4-dihydroxyphenylalanine), non-methylated and methylated tetrahydroisoquinoline compounds from *Mucuna* beans. Food Chem 2001; 72: 38.
- Myhrman R. 2002. Detection and removal of L- Dopa in the legume *Mucuna*. In Eilitta FM, Myhrman R, Care L and Carsky R. (Eds.): Food and feed from *Mucuna*: Current uses and the way forward Proceedings of an International workshop on food and feed from *Mucuna*. Pp. 142-162. Tegucigalpa, Honduras.
- Modi KP, Patel NM, Goyal RK. Estimation of L-dopa from *Mucuna pruriens* LINN and formulations containing M. pruriens by HPTLC method. Chem Pharm Bull (Tokyo) 2008; 56:357–9.
- International Conference on Harmonization Specifications Q2A (R1): Validation of Analytical Procedures: Text and Methodology Test, November 5-10, Chicago, 2005; USA.

**Table: 1. Linear regression of calibration curve for the estimation of L-Dopa\***

Linearity range (ng)	100-1200ng
Correlation coefficient( $r^2$ )	0.996
Instrumental precision ( CV%)(n=5)	0.95
Slope (95% confidence limit)	3216.1
Confidence limit of slope (95% confidence limit)	2879.4-2972.8
Intercept	1265.7
Specificity	specific
Confidence limit of intercept (95% confidence limit)	1242.8-1279.26

\* All the values are replications of six time analysis

**Table: 2. Intra and inter day precision of HPTLC Method (n=6)**

Concentration of L-Dopa(ng)	Intra-day precision			Inter-day precision		
	Mean area	S.D(±)	% RSD	Mean area	S.D(±)	% RSD
200	5490.773	5.15	0.093	5418.667	8.08	0.149
400	9437.77	4.53	0.048	9566.767	11.92	0.124
600	10897.55	1.99	0.018	12066.3	1.94	0.016
800	13589.02	3.50	0.025	13790.53	10.36	0.075
1000	15301.46	3.03	0.019	14377	12.4	0.086

**Table: 3. Recovery Studies (n=6)**

Excess drug added to analyte (%)	Theoretical content(ng)	Amount found(ng)	Recovery (%)	% RSD
0	200	202.1	100	0.761
20	550	551.86	100.5	0.365
40	750	751.67	100	0.126
60	1000	1002.53	100	0.143
80	1250	1252.15	99.7	0.114
100	1500	1502.73	99.87	0.095

**Table: 4. Method Validation parameters for estimation of L-Dopa**

Parameter	Data
Linearity range (ng)	100-1200ng/spot
Correlation coefficient	0.9967
Limit of detection	0.01006
Limit of quantitation	3.14
Accuracy(% n=6)	100
Precision(% RSD)	0.95
Inter day(n=6)	0.149
Intraday(n=6)	0.018
Robustness	Robust
Specificity	Specific

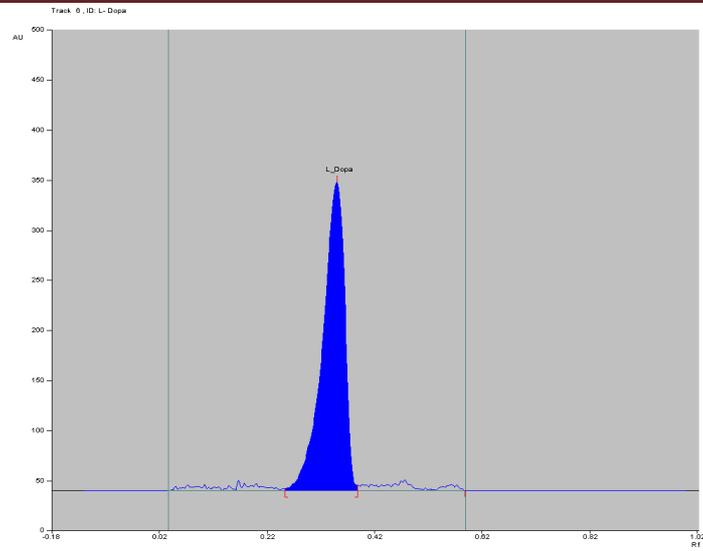


Fig: 1. HPTLC chromatogram of standard (L-Dopa)

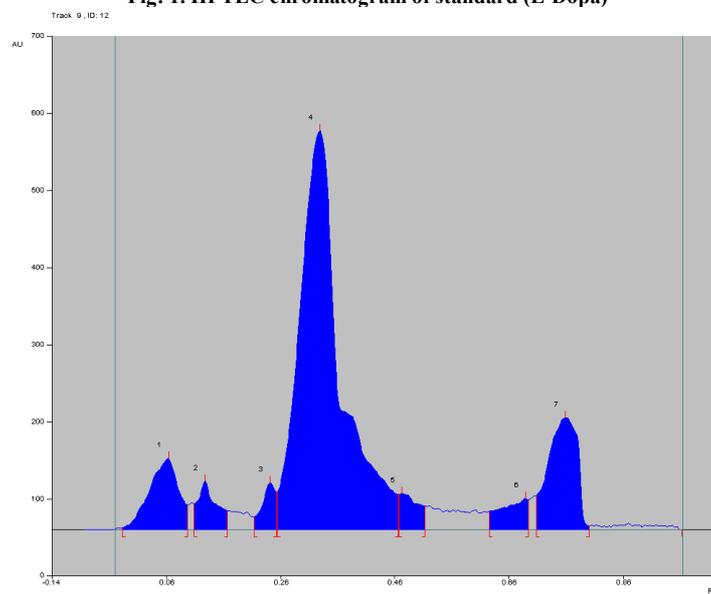


Fig: 1(a). Chromatogram of velvet bean (Black -Coloured seed)

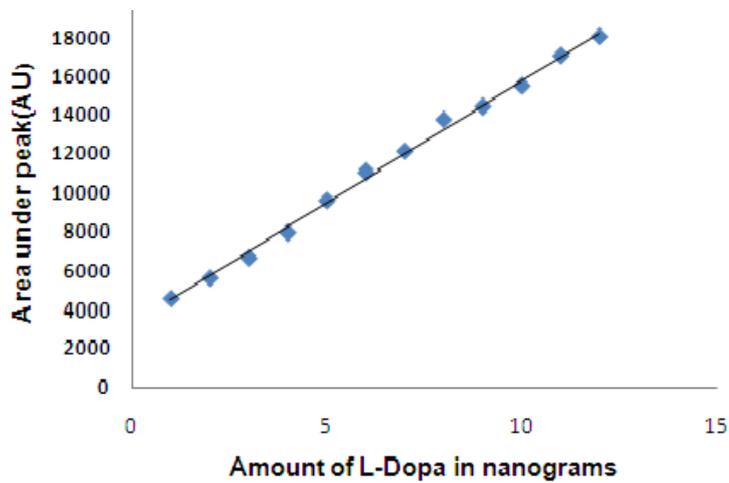


Fig. 2. Calibration curve for the estimation of L-Dopa

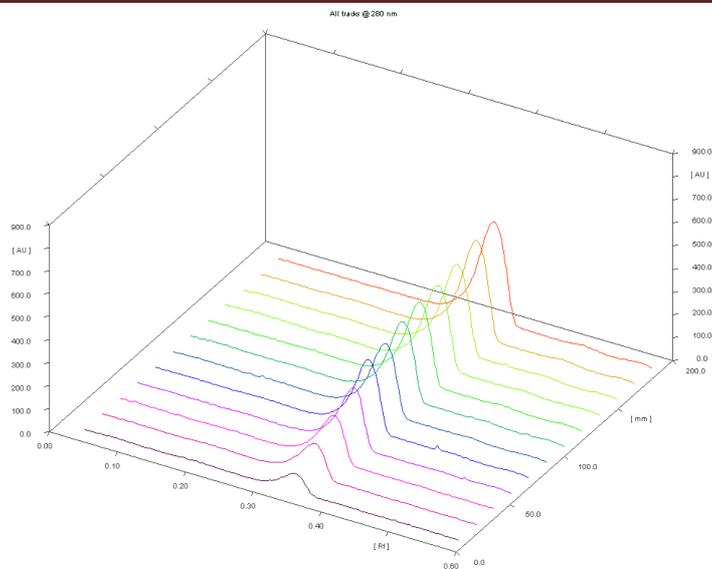


Fig. 2a. Linearity range of Standard (L-Dopa) by HPTLC analysis

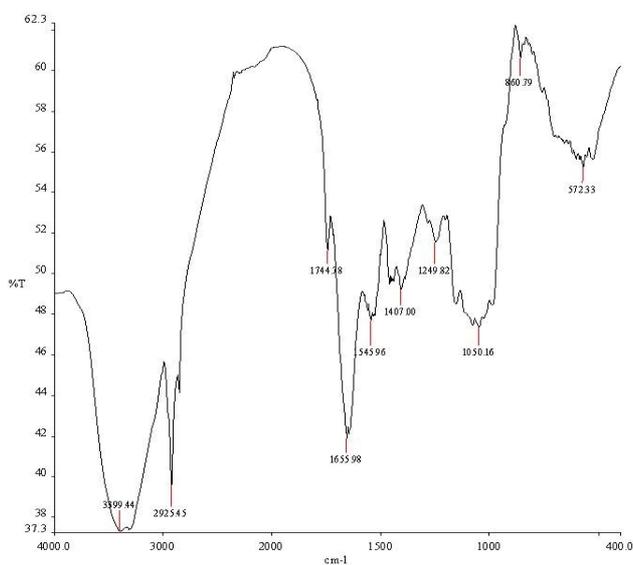


Fig. 3. FTIR analysis of velvet bean (Black -coloured seed)

Source of support: Nil, Conflict of interest: None Declared