



## Review Article

### NANOPARTICLE A TARGETED DRUG DELIVERY SYSTEM: AN OVERVIEW

Selvamuthu Kumar R \*, Mohan Kumar A, Srinivasan N, Murali R

Department of Pharmacy, Annamalai University, Annamalai Nagar, Chidambaram, Tamil Nadu, India

\*Corresponding Author Email: selvapharm96@gmail.com

Article Received on: 05/08/19 Approved for publication: 02/12/19

**DOI: 10.7897/2230-8407.1012323**

#### ABSTRACT

Nanoparticles are of existing significance as a result of a potential tolerating of their possible consequences for individual prosperity and upbringing maintainability and because of the expanding yield of manufactured nanoparticles into the circumstance. Nanoparticles are utilized as a considerable advance toward to change and build up the pharmacokinetic and Pharmacodynamic parameters of various kinds of medication particles. The successful nano delivery system equipped for conveying a medication especially and safely to the favored site of activity is singular of the larger part troublesome undertakings of pharmaceutical formulation agents. Different kinds of nano formulations were ascending to improve the restorative effect of medications and limiting reactions by adjusting the kinetics, body distribution and drug release of a related medication. This article means to survey about the nanoparticle preparation, assessment and the different use of nanoparticles in the turf of pharmaceuticals.

**Keywords:** Nanoparticles, gene delivery, tumor targeting, biosensor, surface hydrophobicity

#### INTRODUCTION

Molecules size which is under 100 nm.<sup>1</sup> Yet; most things in molecule instruments increasingly careful discussion are fundamental to accomplish a distinct and complete reaction. The current agreement among the standard gatherings is to the scale from 1-100 nm characterizes the size scope of a nanoparticle.<sup>2</sup> Nanoparticle, ultrafine unit with measurements estimated in widths<sup>3</sup> (nm; 1 nm = 10 nm). Nanoparticles in light of their submicroscopic size, they have unmistakable material character, and fabricated nanoparticles may discover practical reason in an assortment of zones, including medication, building, catalysis and ecological remediation.<sup>4</sup>

Various mixes with great remedial potential were recognized in the ongoing medication disclosure innovation with the combinatorial science.<sup>5</sup> Because of their mind boggling science larger part of the mixes have poor watery dissolvability brings about diminished and uneven bioavailability.<sup>6</sup> The unevenness in foundational experience watched frequently makes it hard for portion portrayal, result will be encouraged and fast inconstancy and in more slow beginning of activity. This will prompt subaqueous dissolvability that is ionizable, arrangement of salts to show signs of improvement solvency/disintegration rate are an often times utilized strategy that has insufficient accomplishment from an item advancement viewpoint. When contrasting crystalline and undefined type of salts most regularly crystalline structure is favored owed to its potential physical and substance steadiness issues.

At present there are deficient methods for mixes with poor fluid solvency. For topping off of the hard and delicate gelatin case the water dissolvable vocation was utilized done by the techniques for micronisation and strong scattering which is the most widely recognized strategy accessible up until now. A submicron scope of <5 molecule size it is a little division accomplished by

micronisation. The reduction in molecule size prompted increment in surface territory that would not differ the disintegration rate or immersion dissolvability to affect bioavailability.

#### Advantages of nanoparticles

- Suitable for various routes of administration like oral, nasal, parenteral, intraocular.<sup>7</sup>
- Carrying limit of nanoparticles is high.<sup>8</sup>
- Shelf stability was expanded.<sup>9</sup>
- The drug discharge pattern was controlled.<sup>10</sup>
- The consolidation of both hydrophilic and hydrophobic drug<sup>11</sup> should be possible
- The bioavailability of medications was improved.<sup>12</sup>
- Targeted drug delivery system of medications was utilized
- New drugs which are more secure was created.<sup>13</sup>
- Both active and passive drug focusing was achieved in the treatment of numerous chronic illnesses.<sup>14</sup>
- Lower portion of drug demonstrates high therapeutic viability.<sup>15</sup>
- Reduced symptoms.<sup>16</sup>
- Reduction in recurrence of dosage form.<sup>17</sup>
- In flowing drug levels, the change will be limited.
- Avoids first pass metabolism.<sup>18</sup>
- The decision of matrix constituents was promptly adjusted because of controlled release and particle degradation characteristics.<sup>19</sup>
- Biodegradable, biocompatible, moderately protected and nontoxic.<sup>20</sup>

#### Disadvantages of nanoparticles

- Productivity is increasingly troublesome.
- Manufacturing cost is high.

- Needs exceptionally advanced technology.
- Solvents utilized are harmful in nature.
- May produce insusceptible reaction and hypersensitive responses in body.
- Because of the little size and enormous surface area the particle-particle aggregation happens, and it was troublesome in taking care of in the physical structure.

#### Ideal characteristics of nanoparticles

- Should be biochemically inert, non-harmful and non-immunogenic.
- Should be steady in both physical and chemical *in vivo* and *in vitro* conditions.
- The drug discharge rate was controlled and anticipated.
- The activity of the medication won't get influenced by the drug release.
- The biodegradable or promptly disposed of carriers to be utilized.

#### Limitations of nanoparticles

- The best therapeutic adequacy with lesser symptoms was achieved by the specialist to work more in the nanoparticles with certain impediments.
- In fluid and dry structures, the physical properties were adjusted because of the conglomeration of particles in light of the small molecule size and larger surface area.
- In cell condition nanoparticles was receptive.
- The loading of the medication and burst discharge is restricted because of its molecule size.

#### Classification of nanoparticles

- Nanosuspension
- Solid lipid nanoparticles
- Polymeric nanoparticles
- Polymeric micelles
- Magnetic nanoparticles
- Carbon nanotubes
- Liposomes
- Quantum dots
- Nanotubes
- Nanocrystal
- Inorganic nanoparticles
- Gold nanoparticles
- Dendrimers

#### Nanosuspension

Nanosuspensions are colloidal dispersion of nano sized medicate particles settled by surfactants.<sup>21,22</sup> They can likewise be characterized as the biphasic framework comprising of unadulterated drug particles dispersed in a watery vehicle in which the breadth of the suspended molecule is under 1  $\mu\text{m}$  in size.<sup>22</sup> The nanosuspension can likewise be lyophilized or spray dried and the nanoparticles of a nanosuspensions can likewise be fused in a solid matrix.<sup>23</sup>

#### Polymeric nanoparticles

Polymeric nanoparticles are additionally a one of the nanoparticle.<sup>24</sup> In the most recent year polymeric nanoparticle<sup>25</sup> has an exceptional improvement in the turf of research. Polymer nanoparticles are effectively synthesized<sup>26</sup> and a lot of information with respect to their efficacy and safety exist<sup>27</sup>;

accordingly, they are extensively utilized in nanomedical investigate. Polymer can be natural, synthetic, or semi synthetic. Polyethylene glycol is the most generally utilized polymer. The polymeric nanoparticles can be made-up in a wide range of assortments and sizes from 10 nm to 1  $\mu\text{m}$ .<sup>28</sup> The polymeric nanoparticles are considered as the promising transporters for various medications including treatments for malignant growth, cardiovascular illness, and diabetes; bone recuperating treatments; and immunizations.<sup>29</sup>

#### Solid lipid nanoparticle

In 1991 Solid lipid nanoparticle (SLN)<sup>30</sup> was presented as an elective bearer framework to custom colloidal carriers, for example, emulsion, liposomes, and polymeric micro and nanoparticles.<sup>31</sup> SLN, as the name depicts that it comprises of solid lipid particles which are circular in shape<sup>32</sup> and it is in the range of nanometer that are scattered in water or in watery surfactant solution.<sup>33</sup> The covering of the solid hydrophobic center was the monolayer of phospholipids.<sup>34</sup> The high liquefying fat matrix (solid) with which the drug is broken down or dispersed contributes a solid core. The fat matrix was inserted by the hydrophobic chains of phospholipids. They have covered carrying lipophilic or hydrophilic medications or diagnostics.<sup>35-37</sup>

#### Liposomes

Liposomes are one of the kinds of nanoparticle which are every now and again utilized in nano drug formulations and it comprises of at least one phospholipid bilayers and they contain sphere molded vesicles to convey compound (drug).<sup>38-40</sup> The width ranges from 90 to 150 nm. At the point when contrast and regular NPs it was marginally bigger. Liposomes are self-collecting and it can deliver either hydrophilic or hydrophobic treatments which are put away in their unfilled cores.<sup>41-43</sup> Liposomes planned likewise to carry a bio molecule like monoclonal antibodies and antigens that are conjugated to their surface as ligands. Nano formulations of existing medications with low bioavailability or high toxicity have profited by the stability and improved bio distribution that liposomes give.<sup>44,45</sup>

#### Nano crystal

Nano crystal is a type of versatile nano particle. A single or polycrystalline arrangement is united to make the material particle of the atom in the size range of below 100 nm which is the one dimension of the nanocrystal.<sup>46</sup> Nanocrystals are arranged in a crystalline form, which is the aggregation of around hundreds and thousands of molecules. A thin coating was made with surfactant or combination of surfactants.<sup>47</sup>

#### Micelle nano particles

Micelles are oneself amassing polymeric structure which is amphiphile nano particles that can be redone for the moderate, controlled delivery of the hydrophobic medications they us to transfer.<sup>48,49</sup> The creation and structure of a polymeric micellar nano particle can be finely tuned to accomplish distinctive molecule size, drug stacking and release characteristics. Micelles have a hydrophobic internal core, which was utilized to embody drugs which are poor water solubility.<sup>50</sup>

#### Inorganic nano particles

A wide number of inorganic materials, for example, metal oxide, metal, or silica, used to deliver Nanoparticles.<sup>51</sup> Nano particles are being explored seriously for therapeutic and imaging applications. Iron oxide nano particles were examined in various

clinical preliminaries exploring their utilization as difference upgrade reagents for magnetic resonance imaging (MRI). Super paramagnetic iron oxide nano particles (SPIONs) have low harmfulness, stay available for use for quite a while, and are generally biodegradable. SPIONs (especially iron oxide and magnetite) have for some time been utilized as non-targeted differentiate specialists for MRI. They likewise react firmly when uncovered toward a magnetic field and subsequently can be functionalized to target explicit tumors.<sup>52-55</sup>

### Gold nano particles

Gold has a novel mix of thermal and optical properties and it was tuned by differing size, shape, as well as surface science.<sup>56</sup> Excitement of electrons in the gold nano particles by electromagnetic radiation can produce a significant measure of vitality. Gold nano particles as a vector of medication delivery for the incredibly poisonous antitumor agent necrosis factor alpha TNF $\alpha$ .<sup>57</sup>

### Nano tubes

Nano tubes are self-amassing sheets of particles are conceived in tubes. They might be natural or inorganic in piece and can be delivered as single or multi walled structures.<sup>58</sup> A well-known form of a nano tube includes the utilization of soluble fullerene derivatives, such as c60. Nano tubes have enormous inside volumes and the outside surface can be effectively functionalized.<sup>59</sup> While they are potentially encouraging for pharmaceutical applications, human resilience of these mixes stays obscure, and toxicity reports are clashing. It has been shown that nano tubes are intensely lethal and may cause cell demise by means of an oxidative pressure pathway. Broad investigation into the biocompatibility and poisonous quality of nano tubes stays continuous.<sup>60</sup>

### Dendrimers

Dendrimers are polymer based macromolecules framed from monomeric or oligomeric units, with the end goal that each layer of stretching units pairs or triples the quantity of peripheral groups.<sup>61</sup> The void zone inside a dendrimer, the degree of its stretching, its simplicity of change and planning, size control offer extraordinary potential for medication delivery. Dendrimers for the most part have an even structure, with the possibility to make an isolated active site center area through chemical functionalization. Adjustment of the level of spreading may take into consideration epitome of a particle inside this structure.<sup>62-65</sup>

### Carbon nano tubes

Carbon nano tubes were at first found in 1991 in cathode deposits following arc dissipation of graphite. Not long after this original report, carbon nano tubes were disengaged after pyrolysis of iron, cobalt, or other dispersed metals.<sup>66,67</sup> The nearness of these materials significantly impacts the size profile of the creating nano tubes arranged multi-walled carbon nano tubes (MWNT) by pyrolysis of metallocenes, for example, ferrocene, cobaltocene, and nickelocene under decreasing conditions; the metallocene precursor goes about as a hotspot for both metal nano particles and carbon. Single walled carbon nano tubes (SWNT) were set up in a related methodology utilizing dilute hydrocarbon-organometallic blends. Strangely, pyrolysis of nickelocene within the sight of benzene at 11000 c yields fundamentally MWNT.

Interestingly, pyrolysis of nickelocene within the sight of acetylene yields essentially SWNT, probably due to the smaller of carbon atoms per molecule.<sup>68,69</sup>

### Quantum dots

Quantum dots are luminescent nano particles commonly utilized for imaging in natural system. Their essential parts core, shell, and covering have qualities each change the photochemical properties.<sup>70</sup> Quantum dots can be made with breadths from a couple of nanometers to micrometers and a narrow size distribution utilizing methods requiring high toughening temperatures. Uncovered core nanoparticles are labile because of their enormous surface area to-volume proportion<sup>71</sup>; they may likewise show emanation abnormalities coming about because of surface defects. Topping of quantum dots with ZnS has been appeared to expand stability and upgrade luminescence with predominant quantum yields at room temperature.<sup>72</sup> Nonetheless, ZnS topping alone isn't adequate to completely stabilize the core, particularly in organic frameworks. PEGylation assumes a double job in expanding biocompatibility and improving the core dependability in biological frameworks.<sup>73</sup>

### Magnetic nano particles

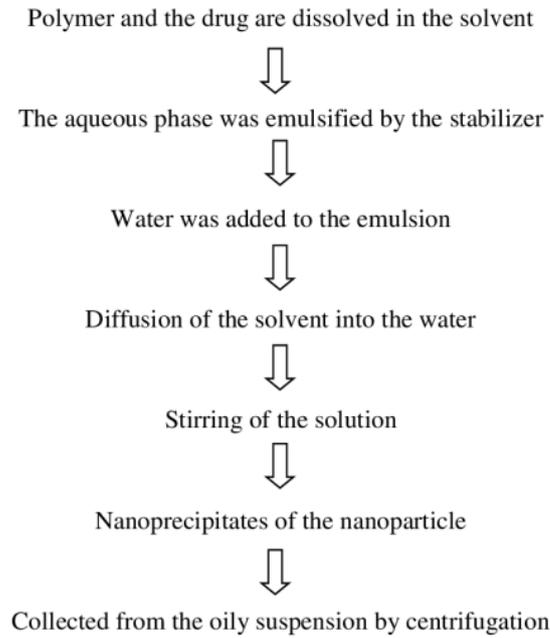
Magnetic nano particles are a class of nano particle that can be controlled utilizing magnetic fields.<sup>74</sup> Such particles generally comprise of two segments, an attractive material, regularly iron, nickel and cobalt, and a synthetic segment that has usefulness. While nano particles are littler than 1 micrometer in measurement (regularly 1–100 nanometers), the bigger micro beads are 0.5–500 micrometer in distance across. Magnetic nanoparticle bunches that are made out of various individual attractive nano particles are known as attractive nano beads with a breadth of 50–200 nanometers.<sup>75</sup> Magnetic nano particle groups are a reason for their further attractive get together into attractive nano chains. The magnetic nano particles have been the focal point of a lot of research as of late on the grounds that they have appealing properties which could see potential use in catalysis including nano material-based impetuses, biomedicine and tissue explicit targeting, magnetically tunable colloidal photonic crystals, micro fluidics, magnetic resonance imaging, magnetic particle imaging, data storage, environmental remediation, nano fluids, optical channels, imperfection sensor, attractive cooling and cation sensors.<sup>76,77</sup>

### Methods of preparation of Nano particles

There are various procedures accessible for the arrangement of nano particles. The polymer matrix was entangled with medication, embodied in a nano particle center encased by a shell-like polymer layer synthetically conjugated to the polymer or possibly it might be bounce to the molecule's surface by absorption.<sup>78</sup>

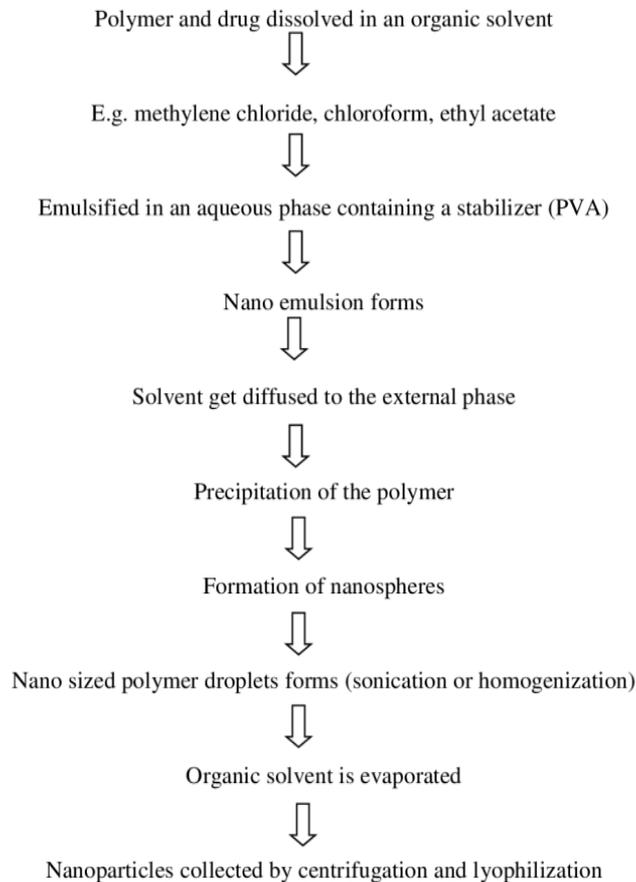
- Emulsification diffusion method
- Emulsification solvent evaporation method
- Polymerization method
- Co-accreration method
- Supercritical fluid technology

**Emulsification diffusion method**



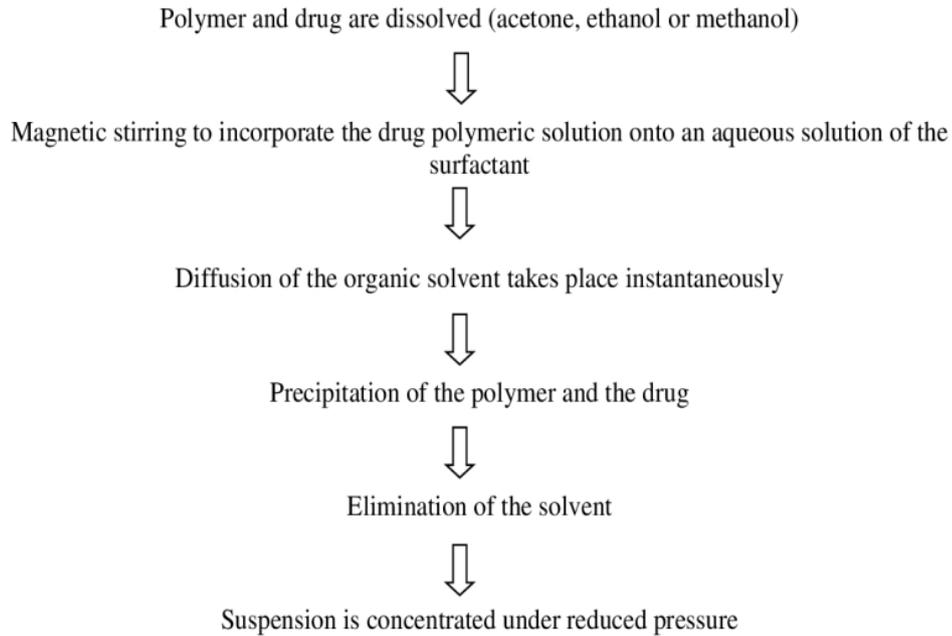
**Figure 1: Schematic flow of Emulsification diffusion method<sup>79</sup>**

**Emulsification solvent evaporation method**



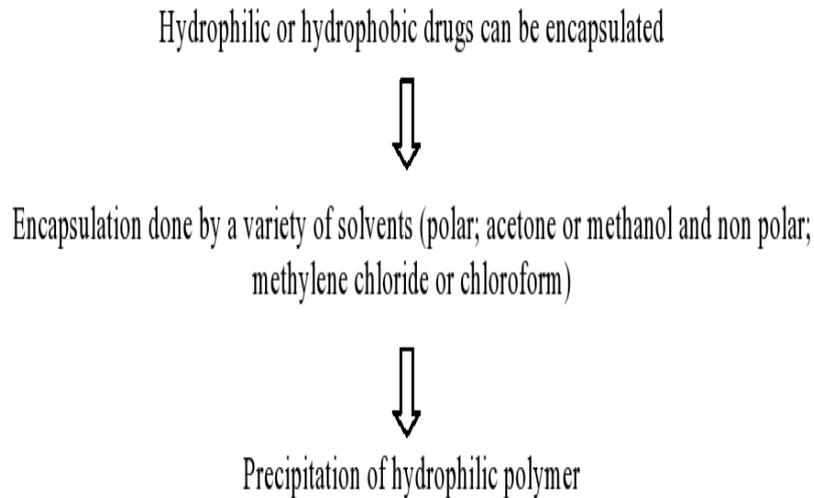
**Figure 2: Schematic flow of Emulsification solvent evaporation method<sup>80</sup>**

**Nano precipitation method**



**Figure 3: Schematic flow of Nanoprecipitation method<sup>81</sup>**

**Salting out method**



**Figure 4: Schematic flow of Salting out method<sup>82</sup>**

## Supercritical fluid technology

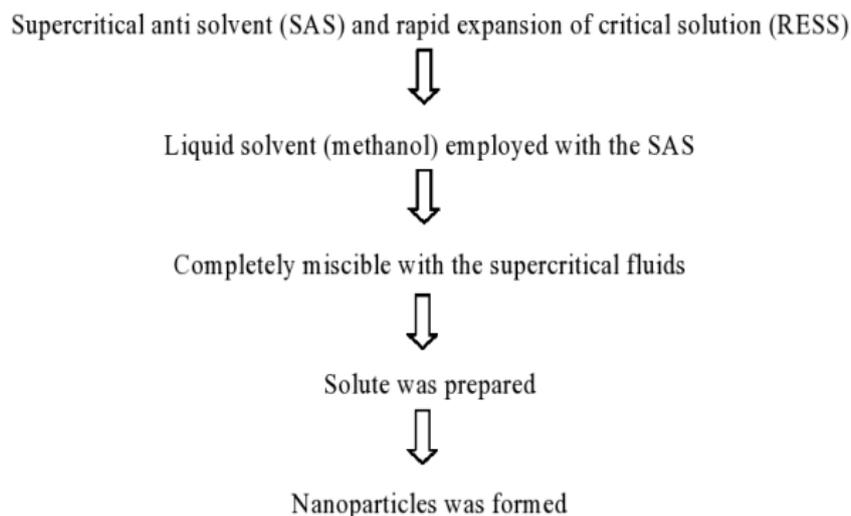


Figure 5: Schematic flow of Supercritical fluid technology<sup>83</sup>

### Evaluation of nano particles

Nano particles ordinarily assessed by their size, morphology and surface charge, exploitation such progressed microscopic techniques as scanning electron microscopy (SEM), transmission electron microscopy (TEM) and nuclear power microscopy (AFM).<sup>84</sup> The normal molecule measurement, their size dissemination and charge affect the physical stability and furthermore the *in vivo* distribution of the nano particles. Microscopic method frightfully accommodating in learning the general type of the chemical compound, nano particles can affirm their toxic quality. The surface charge of the nano particles influences the physical stability and re-dispersion of the chemical compound similarly as their *in vivo* performance.<sup>85</sup>

- Zeta potential
- Particle shape
- Particle size

### Zeta potential

The zeta potential of the nano particle is normally wanting to portray the surface charge property of nano particles. It mirrors the electrical capability of particles is affected by the composition of the molecule and furthermore the medium inside which it's circulated.<sup>86</sup>

Zeta potential is that the potential existing between the surfaces of a solid particle drenched during a conducting fluid (for example water) and furthermore the main part of the liquid. The surface charge of the nano particle is regularly estimated by zeta potential. Particles with higher than  $\pm 30$ Mv zeta potential were steady in suspension from as their surface charge avoids conglomeration particles.<sup>87</sup>

### Particle shape

Particle form of the nano suspension is chosen by scanning electron microscopy (SEM). In order to make the strong particles these nano suspensions were exposed to lyophilisation. Accordingly formed solid particles are covered with noble metal combination utilizing a sputter coater.<sup>88</sup>

### Particle size

Particle size and its distribution is significant attributes in nano particles as they assumes a critical role in dispersion, therapeutic claim to fame action, toxicity and focusing to explicit destinations (site specificity).<sup>89</sup> On the contrary hand drug loading ability extent of drug discharge and steadiness of the nano particles conjointly relies upon its molecule size and distribution. Propelled approaches to work out decide the molecule size of nano particles is by photon-correlation spectrometry or dynamic light scattering. The outcomes so got were inspected by scanning electron microscopy (SEM).<sup>90</sup>

The preeminent utilization of nano particles is drug release and drug targeting. It's been discovered that the molecule size influences the drug release. Smaller particles have larger surface zone. Accordingly, the greater part of the drug loaded onto them will be presented to the molecule surface bringing about quick medication discharge. In actuality, sedate gradually inside bigger particles. As a downside, smaller particles tend to aggregate and transportation of nano particle dispersion. Consequently, there is a compromise between a small size and maximum steadiness of nanoparticles.<sup>91</sup>

### Dynamic light scattering (DLS)

At present, the speediest and most exceptional technique of crucial particle size is photon-correlation spectroscopic examination or dynamic light weight scattering (DLS). DLS is generally accustomed check the components of Brownian nano particles in colloidal solution inside the nano and submicron ranges. Shining monochromatic lightweight (laser) onto an answer of spherical particles in Brownian movement causes a Doppler move once the daylight hits the moving molecule, dynamical the wavelength of the approaching light.<sup>92</sup> This adjustment is explained to the elements of the particle. It's capability to separate the dimension distribution and gives a blueprint of the particles movement inside the medium, measure the diffusion coefficient of the particle and mistreatment the autocorrelation play out.<sup>93</sup> The photon correlation spectroscopy (PCS) portrays the furthermost system for genuine estimation of the particle size and size distribution on DLS.<sup>94</sup>

### Scanning electron microscopy (SEM)

Scanning electron microscopy (SEM) is giving morphological assessment with direct perception. The performances built up on electron microscopy offer various advantages in morphological and measuring study; anyway they convey complete data around the size distribution and real population average.<sup>95</sup> For SEM portrayal nano particles solution ought to be first changed into a dry powder, which is then mounted on the sample holder pursued by covering with a conductive metal, for example, gold, utilizing a sputter coater. The example is then examined with a concentrated fine light emission. The surface characteristics of the sample are acquired from the secondary electrons radiated from the sample surface. The nano particle ought to be prepared to face up the vacuum, and furthermore the nano particulate radiation will damage the polymer. The mean size acquired by SEM is comparable outcomes gotten by dynamic lightweight scattering. Moreover, these strategies area unit unendurable, expensive and regularly need complementary information concerning measuring distribution.<sup>96</sup>

### Transmission electron microscopy (TEM)

TEM works on entirely unexpected principle than SEM; in any case it for the most part brings same type of information. The example readiness for TEM is progressed and time intense because of its interest to be ultra-thin for the electron transmittance. The nano particles dispersion is saved onto support grids or films.<sup>97</sup> To make nano particles stand up to the instrument vacuum and encourage taking care of. They're affixed exploitation either a negative re-coloring material, as phosphor tungstic acid or subordinates, uranyl group acetic acid derivation and so forth or by plastic inserting in vitreous ice, the surface characteristics of the sample area unit got once a light emission is transmitted through a ultra-thin sample, interacting with the sample since it goes through.<sup>98</sup>

### Atomic force microscopy (AFM)

Atomic force microscopy (AFM) offers ultra-high resolution in particle size estimation and depends on a physical scanning of tests at submicron level utilizing a probe tip of atomic scale. Instrument gives a topographical guide of sample bolstered powers between the tip and in this manner the sample surface.<sup>99</sup> Samples are commonly examined in contact or non-contact mode looking on their properties. In contact mode the topographical map is made by tapping the test on to the surface over the example and test floats over the leading surface in noncontact mode. The prime advantage of AFM is its capacity to picture non leading samples with none explicit treatment, in this manner allowing imaging of fragile biological and polymeric nano and microstructures.<sup>95</sup> AFM gives the chief right depiction of size and size distribution and needs no scientific treatment. Also, particle size acquired by AFM gives the best obvious portrayal of size and size distribution and needs no AFM strategy gives real picture that sees the impact of fluctuated biological conditions.<sup>92</sup>

### Surface hydrophobicity

It is determined by numerous procedures like hydrophobic interaction chromatography, biphasic partitioning, adsorption of probes, contact edge measurements and so on. As of late various advanced basic methods are educated in writing for surface examination of nano particles. X-ray photon correlation spectroscopy allows the identification of specific synthetic groups on the surface of nanoparticles.<sup>100</sup>

### Drug loading

Preferably a powerful nano particulate system should have a high drug loading capacity accordingly decline the extent of matrix materials for administration. Drug loading can be possible by two strategies.<sup>101</sup>; incorporating at the time of nano particles productions (incorporation method).

Absorbing the drug after the development of nano particles and then incubating the carrier with a concentrated drug solution (adsorption/adsorption technique)

Drug loading and entrapment efficiency especially rely upon solid state drug solubility in matrix material or polymer (solid dissolution or dispersion), which is identified with the polymer composition, the sub-atomic weight, the drug polymer interaction and the presence of end functional groups (ester or carboxyl).<sup>102</sup>

### Drug release

A focal purpose behind after nanotechnology is to deliver drugs, consequently understanding the way and degree to which the drug molecules are released is significant. So as to get such data most release strategies necessitate that the drug and its delivery vehicle be isolated. The drug loading of the nano particles is commonly characterized as the measure of drug bound per mass of polymer (usually moles of drug/mg or mg drug/mg polymer); it could likewise be given as percentage comparative with the polymer. The system utilized for this investigation is old style analytical strategies like UV spectroscopy or high-performance liquid chromatography (HPLC) after ultracentrifugation. Evaluation is performed with the UV spectroscopy or HPLC. Drug release examines are likewise like drug loading assays which is evaluated for a period to analyze the component of drug release.<sup>103</sup>

To build up an effective nano particulate framework, both drug release and polymer degradation are significant thought factors. When all is said in done drug release rate relies upon 1. Solubility of drug; 2. Desorption of the surface bound/consumed drug; 3. drug dispersion through the nano particle matrix; 4. Nano particle matrix erosion/ degradation; and 5. Mix of erosion / diffusion process. In this way solubility, diffusion and biodegradation of the matrix materials administer the release procedure. Dialysis bag method 4. agitation pursued by ultracentrifugation/centrifugation; 5. Ultrafiltration or centrifugal ultra-filtration methods. Normally the release study is done by controlled agitation followed by centrifugation. Because of the tedious nature and specialized troubles experienced in the partition of nano particles from release media, the dialysis strategy is commonly liked.<sup>104</sup>

### Applications of nano particles in Pharmaceutical field

#### Nano particles as a drug delivery system for peptides and proteins

The expanding number of new molecules of biotechnological origin, for example, monoclonal antibodies, hormones, and vaccines just as their therapeutic potential makes protein delivery a significant region of research. Protein stability is the adjusting result among destabilizing and stabilizing out powers. The development and dependability of the secondary, tertiary and quaternary structures of proteins depend on weak non-covalent associations (for example electrostatic interactions, hydrogen holding, Vanderwaal's force and hydrophobic interactions).<sup>105</sup> Interruption of any of these interactions will move this sensitive balance and destabilize the proteins. Subsequently the physical and chemical solidness of proteins can be undermined by

ecological factors, for example, pH, ionic quality, temperature, high pressure, non-aqueous solvents, metal particles, detergents, adsorption and shearing. Solid lipid particulate systems, for example, strong lipid nano particles (SLN), lipid nano particles (LM) and lipospheres have been looked for as elective bearers for therapeutic peptides, proteins and antigens.<sup>106</sup> The research work created in the region affirms that under advanced conditions they can be delivered to consolidate hydrophobic or hydrophilic proteins and appear to satisfy the necessities for an ideal particulate carrier system. Proteins and antigens expected for therapeutic purposes might be incorporated or adsorbed onto SLN and further directed by parenteral routes or by alternative routes, for example, oral, nasal and pulmonary.<sup>107</sup> Definition in SLS gives improved protein stability, stays away from proteolytic debasement, just as supported arrival of the incorporated particles. Significant peptides, for example, cyclosporine A, insulin, calcitonin, and somatostatin have been incorporated into solid lipid nanoparticles.<sup>108</sup>

#### **Delivery routes and novel technologies for therapeutic peptides and proteins are**

Invasive direct injection; intravenous (IV), subcutaneous (SC), intramuscular (IM), intra cerebralvein (ICV) injected liposomes. Depot system (SC or IM).<sup>32</sup>

#### **Tumor targeting drug delivery system**

A concentrate portion of the drug can be delivered by the nano particles in the region of the tumor targets through the improved permeability and maintenance impact or active targeting by ligands on the surface of nanoparticles.<sup>109</sup> It will decrease the drug exposure of healthy issues by limiting drug distribution to target organ. Studies demonstrate that the polymer composition of nano particles, for example, type, hydrophobicity and biodegradation profile of the polymer alongside the related drugs molecular weight, its restriction in the nanospheres and *in vivo*. The bio distribution of nano particles is quick within 1 hour to 3 hours, and it likely includes mononuclear phagocytic system (MPS) and endocytosis/phagocytosis process. Such inclination of MPS for endocytosis/phagocytosis of nano particles gives a chance to effectively deliver therapeutic agents to these cells. This bio distribution can be advantage for the chemotherapeutic treatment of MPS rich organs/tissues confined tumors like hepatocarcinoma, hepatic metastatic emerging from stomach related tract or gynecological malignant growths, bronchopulmonary tumors, primitive tumors and metastasis, small cell tumors, myeloma and leukemia.<sup>110</sup>

#### **Nano particles in dermatology**

In the field of nanotechnology, in ongoing headway have permitted the assembling of explained nanometer estimated particles for different biomedical applications. Controlled drug release to skin and skin extremities, focusing of hair follicle—explicit cell populations, transcutaneous vaccination and transdermal gene treatment are just a couple of these new applications.<sup>111</sup> Transporter system of the new age that advantage of improved skin entrance properties, stop impact with continued drug release and of surface functionalization (for example the binding to specific ligands) permitting specific cellular and sub cellular targeting. Drug delivery to skin by methods for micro particles and nano carriers could change the treatment of a few skin issues.<sup>112</sup>

#### **Dermal drug delivery**

Dermal drug delivery with (lipid nano particle) LN is quite compelling for ailments of the HF (hair follicle) so as to expand the local bioavailability of API at their drug target. A few targets were recognized for drugs in the hair follicle, for example isotretinoin causes a cell cycle arrest and apoptosis in sebocytes, minoxidil simulates the vascular endothelial growth factor and prostaglandin synthesis in the dermal papilla and cyclosporine.<sup>113</sup> A supports hair epithelial cell growth .in dermal therapy, the fundamental objective is to go around systemic adverse effects by nearby administration of the API. By and large, a few ailment states are treated systematically; along these lines one principle neglected medical need stays powerful topical targeting. In general, follicular focusing on stays one of the most encouraging ideas in current topical medication applications separated from epidermal infiltration and control of SC lipid association.<sup>114</sup>

#### **Topical application**

In the consistency angle, topical application is moderately unproblematic. The significant favorable circumstances for topical products are the protective properties of Solid lipid nano particle for synthetically labile medications against debasement and the impediment effect because of film formation on the skin. Particularly in the area of cosmetics there are numerous mixes, for example, retinol is just conceivable when applying certain protective measures during production (for example noble gassing) and utilizing special packing materials (e.g. aluminum).<sup>115</sup>

#### **Transdermal drug delivery**

The smallest particle sizes are observed for solid lipid nano particle dispersion with low lipid content (up to 5%). Both the low concentration of the dispersed lipid and the low thickness are disadvantageous for dermal organization. As a rule, the fuse of the solid lipid nano particle dispersion in an ointment or gel is important so as to accomplish a formulation which can be managed to the skin. The incorporation step implies a further decrease of the lipid content.<sup>114</sup> An increase of the solid lipid content of the solid lipid nano particle dispersion brings about semisolid, gel like systems, which may be worthy for direct application on the skin. When all is said in one alternative dosage forms to transdermal therapeutics systems are difficult to set up because of a limited penetration rate which likewise applies to LN. Imminent methodologies which are in the focal point of research are the presentation of enhancers, iontophoresis and micro needles which are on the whole obtrusive.<sup>116</sup>

#### **Nano particles in cosmetic**

The present survey intends to contemplate a promising area of nano particles utilized in different cosmetic products like antiperspirant, cleanser, toothpaste, shampoo, hair conditioner, anti-wrinkle cream, lotion, foundation, face powder, lipstick, become flushed, eye shadow, nail clean, aroma and facial cleanser moisturizer and so on. Specifically, NLCs have been distinguished as a potential cutting-edge cosmetic delivery agent that can give improved skin hydration, bioavailability, solidness of the operator and controlled impediment.<sup>117</sup>

#### **Sunscreens**

UV channels, for example, titanium oxide and zinc oxide, are utilized in nano structure instead of mass structure to make the sunscreen transparent as opposed to white. It is additionally

guaranteed that they are progressively viable when utilized in nano structure.<sup>118</sup>

#### **Breast cream**

The breast cream which cases it is a blend of nanotechnology and the immortal Thai herb, Pereira Mirifica and that noisome extends the cell substructure and advancement of the lobules and alveoli of the breast.<sup>119</sup>

#### **Hair care**

The hair care items like cleanser and conditioner are made with nano clusters TM, nano clusters to give hair a healthy shine.<sup>119</sup>

#### **Make up**

The nano dispersion innovation makes an incredibly fine a light powder with uncommon properties like great elasticity, outrageous delicate quality and light diffusion.<sup>119</sup>

#### **Moisturizers/anti-wrinkle creams**

The nano encapsulated cream which restores a skin solid look and the anti-wrinkle cream is their first twofold activity cream that in a split second re-secures the skin and diminishes the presence of wrinkles and contains nanosomes.<sup>119</sup>

#### **Toothpaste**

The first re-mineralizing toothpaste advancing oral wellbeing by supporting regular healing utilizing nano particles hydroxyapatite indistinguishable substances from our teeth the nano silver toothpaste is made.<sup>120</sup>

#### **Fullerenes**

Utilizing nanotechnology, the new sort of materials can be arranged, for example, carbon fullerenes. The little carbon circles have hostile to maturing properties.<sup>121</sup>

#### **Others**

Nano emulsions and nanosomes are utilized to protect active ingredients, for example, nutrients and antioxidants and their lightness and transparency.<sup>122</sup> Different materials utilized in nano size an entire scope of materials can be utilized in nano size so as to give them various properties when contrasted and their larger form. We found for instance an empowering cream utilizing nano gold and products utilizing nano silver in view of its antibacterial activities.<sup>123</sup> Solid lipid nano particle can go about as physical UV blocker them and can improve the protection in mix with organic sunscreens which permits a decrease of the concentration of the UV safeguard. Nanogold facial mask likewise should be possible.<sup>124</sup>

#### **Nano particle for gene delivery**

Nano particle assumes the significant job in the gene delivery. Gene therapy can be characterized as the exchange of hereditary material, a functional gene or DNA/RNA section into explicit cells to evoke an ideal therapeutic phenotype so as to decrease side effects or treat human illnesses. As per substantial cell quality treatment a hereditary material conveyance technique can be *ex vivo* or *in vivo*.<sup>125</sup> *Ex vivo* approach include tissue biopsy pursued by cells. At long last adjusted cells are come back to the body. An immediate tissue infusion or adjustment of culture cells for the back implantation should be possible by direct use of

hereditary material into cells by an *in vivo* approach. The polynucleotide vaccines in the gene therapy are creating the antigenic protein inside the environs of expert antigen showing cells to start safe reaction. Such sorts of vaccines produce both humoral and cell mediated resistance on the grounds that intracellular creation of protein rather than extracellular deposition stimulates the two arms of the immune system. Nano particles loaded with plasmid DNA serves as an effective sustained release gene delivery system.<sup>126</sup> Gelatin nano particles GNPs utilized as a non-viral gene delivery vector that can be conjugated to moieties that stimulate receptor interceded endocytosis, numerous plasmids can be typified and the bioactivity of the exemplified DNA could be improved by forestalling assimilation by nucleases and by utilizing long flowing PEGlyated nanoparticles.<sup>127</sup> Nucleic acid can be loaded onto GNPs through physical epitome, electrostatic attraction or complexation with surface adjusting groups were the first to create type B GNPs as non-condensing gene delivery system. The physically encapsulated plasmid DNA (pDNA) in a hydrogel type lattice is ensured in the systemic flow and upon cell transport.<sup>128</sup>

#### **Nano particles in ocular delivery system**

Solid lipid nano particle has a delayed retention time at the eye, and it was affirmed by utilizing radio labelled forms and gamma scintigraphy. The lipids present in the solid lipid nano particle are anything but difficult to process and open other ways for ophthalmological drug delivery without hindering the vision.<sup>129</sup>

#### **Nano particles as per oral drug delivery**

The solid lipid nano particle formulation of per oral administration incorporates watery dispersion or SLN loaded conventional dosage forms for example tablets, pellets or capsules. It shows expanded bioavailability and the plasma levels are delayed after the per oral administration.<sup>130,131</sup>

#### **Implantable delivery system**

Nano particle can go about as the implantable delivery system by prudence of its size, controlled a roughly zero order energy else they may cause harmfulness when contrasted with IV transporters are liposome, ethosome and transferosome.<sup>132</sup> Solid lipid nano particle were found to cause higher medication focuses in lung, spleen and mind, while the solution prompted an appropriation more into liver and kidneys, parenteral application is a wide field for solid lipid nano particle. Subcutaneous infusion of medication loaded SLN can be utilized for business viewpoint for example erythropoietin (EPO), Interferon  $\beta$ .<sup>133</sup> Different sources are intra peritoneal and furthermore intra articular, intra peritoneal utilization of medication loaded SLN will draw out due to the application area. What's more, fuse of the medication into SLN may decrease irritancy contrasted with infusing drug smaller scale particles.<sup>134</sup>

#### **Nano particles as carriers for nasal drug delivery**

In the nanotechnology field, the potential utilization of nanosystems bearers for mucosal vaccine delivery. The conveyance of antibodies by the nasal course, since both mucosal and systemic (for example humoral and cell mediated) safe reaction can be actuated, particularly if the immunization is adjuvanted by an immune stimulator or a delivery system.<sup>135</sup>

#### **Nano particle as a drug delivery**

Nano particles help in distinguishing proof and approval of objective by recognizing the protein present surface or target

surface. Nano particles will upgrade drug delivery process, through scaling down, automation speed and dependability of assays.<sup>136</sup> The surface protein of pathogen was effectively recognized by single walled nano tubes. Quantum dots track singular glycine receptors and to analyze their elements in the neuronal membrane of living cells for periods going from milliseconds to minutes. The nano materials in diagnosis utilized are gold nano particles and nano bodies which are delivered by ablynx.<sup>137</sup>

#### Nano particle in sub-atomic diagnostics (molecular imaging)

The nano particles in sub-atomic diagnostics speaking to describing and measuring sub cellular biological process incorporate gene expression, protein-protein interaction signal transduction cell digestion. They are utilized in magnetic resonance imaging, optical imaging, ultrasonic imaging and atomic imaging.<sup>138</sup> Different applications are explicit naming of cells and tissues valuable for long term imaging, multicolor multiplexing, dynamic imaging of sub cell structures and fluorescence resonance energy transfer (FRET) and magnetic resonance imaging (MRI). MRI operators are supplanted by nano materials like dendrimers, quantum dots, carbon nano tubes and magnetic nano particles. The nano materials are exceptionally productive stable extreme clearer picture because of high force, photo stability, resolution, resonance, Quantum dots, iron oxide nano crystals and metallic nanoparticles.<sup>139-141</sup>

#### Nano particle as Biosensor and bio labels

Nano particle as an instrument which is utilized for assurance of different obsessive proteins and physiological biochemical indicator related with infection or upset metabolic states of body. Biosensor is an estimation framework that comprises of a probe with a sensitive biological recognition component or bio receptor, a physiochemical detector part and a transducer to enhance and transducer these sign into quantifiable structure a nano biosensor or nano sensor is a biosensor that has measurements on the nanometer size scale. Biosensors are utilized in target identification approval examine development ADME and toxicity determination.<sup>142,143</sup>

#### CONCLUSION

The up and coming demonstrate that nano particulate framework have incredible potentials, being ready to change over inadequately soluble, ineffectively retained and labile biologically dynamic substance into promising deliverable medications. The key utilization of nano particles in medication are determination and target therapy, however their wide use is as yet what's to come. Nano particle have generally higher intracellular take-up contrasted with micro particles and accessible to a wide scope of biological focuses because of their little size and relative versatility. The core of this system can encase an assortment of medications, proteins, enzymes, genes, and is described by a long course time because of the hydrophilic shell which avoids acknowledgment by the reticular-endothelial system. To advance this drug delivery system, more prominent comprehension of the various mechanisms of biological interactions, and particle engineering is required. Further advances are required so as to transform the idea of nano particle innovation into a sensible viable application as the up and coming age of drug delivery system. The nano empowered drug delivery ought to be lower drug poisonous quality, decreased expense of medicines, improved bioavailability and an augmentation of the monetary existence of exclusive medications.

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**Cite this article as:**

Selvamuthu Kumar R *et al.* Nanoparticle a targeted drug delivery system: An overview. *Int. Res. J. Pharm.* 2019;10(12):13-26  
<http://dx.doi.org/10.7897/2230-8407.1012323>

Source of support: Nil, Conflict of interest: None Declared

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